


# Peer Resource Center

A one-stop-shop of support for youth in need, ages 16-25  
 456 E. Orange Grove Blvd., Suite 140, Pasadena, CA 91104  
 626-765-6010

# August 2019

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b>	<b>2</b> Movie Day 2pm-4pm 
<b>5</b> Coloring Rocks 1pm-3pm 	<b>6</b> Arts & Crafts 1pm-3pm Dine & Discuss 4pm-7pm Embracing Identities 6pm-8pm	<b>7</b> Baking Class 12pm-1pm Creative Mindfulness 1pm-3pm	<b>8</b> YMO Housing Orientation/ Tour 4pm-5pm	<b>9</b> Tie Dye Shirts 12pm-2pm 
<b>12</b> Independent Living Skills 1pm-3pm	<b>13</b> Cooking Class 4pm-7pm  Embracing Identities 6pm-8pm	<b>14</b> Creative Mindfulness 1pm-3pm	<b>15</b> YMO Housing Orientation/ Tour 4pm-5pm	<b>16</b> Video Game Day 10am-1pm 
<b>19</b> College Application 101 1pm-3pm 	<b>20</b> Arts & Crafts 1pm-3pm Dine & Discuss 4pm-7pm Embracing Identities 6pm-8pm	<b>21</b> Creative Mindfulness 1pm-3pm	<b>22</b> YMO Housing Orientation/Tour 4pm-5pm Women's Group 6pm-8pm	<b>23</b> Paper Flowers 1pm-3pm 
<b>26</b> Interest Profiler 1pm-3pm 	<b>27</b> Cooking Class 4pm-7pm Embracing Identities 6pm-8pm	<b>28</b> Creative Mindfulness 1pm-3pm	<b>29</b> Career Club 9:30am-12pm Men's Group 6pm-8pm	<b>30</b> Park Outing 12pm-3pm (PRC closed during outing) 

## Don't Forget!

Youth needing a Next Step Tool housing survey need to make an appointment with Liz Munguia ([emunguia@hillsides.org](mailto:emunguia@hillsides.org))  
 May take up to 90 minutes to complete.

## FREE Mental Health Services

Ask about our mental health services, and see if you qualify! Let us know what kind of support you need. Contact Melanie Horstmann ([mhorstmann@hillsides.org](mailto:mhorstmann@hillsides.org)) for more details.

## Food & Basic Needs

Food, school supplies, hygiene products, clothing, and transportation assistance are available Monday-Friday 12pm-1pm & 4pm-5pm.

## Hours

Monday	9:00-5:30pm
Tuesday	11:30-8:00pm
Wednesday	11:30-5:30pm
Thursday	11:30-8:00pm
Friday	9:00-5:30pm