



Peer Resource Center

A one-stop-shop of support for youth in need, ages 16-25
 456 E. Orange Grove Blvd., Suite 140, Pasadena, CA 91104
 626-765-6010

September 2019

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2  PRC CLOSED HAPPY LABOR DAY!	3 Dine & Discuss 4pm-6pm Embracing Identities 6pm-8pm	4 Creative Mindfulness 1pm-3pm	5 Career Club 9:30am-12pm YMO Housing Orientation/ Tour 4pm-5pm	6 Movie Day 2pm-4pm 
9 Painting Rocks 1pm-3pm 	10  Cooking Class 4pm-7pm Embracing Identities 6pm-8pm	11 Baking Class 12pm-1pm Creative Mindfulness 1pm-3pm	12 Career Club 9:30am-12pm YMO Housing Orientation/ Tour 4pm-5pm	13 Hiking 12pm-2pm 
16 Independent Living Skills 1pm-3pm	17 Dine & Discuss 4pm-6pm Embracing Identities 6pm-8pm	18 Creative Mindfulness 1pm-3pm	19 Career Club 9:30am-12pm YMO Housing Orientation/ Tour 4pm-5pm Women's Group 6pm-8pm	20 Writing Your Ticket Workshop 1pm-3pm 
23 Ping Pong Tournament 1pm-3pm 	24 Youth Advisory 11am-11:30am Cooking Class 4pm-7pm Embracing Identities 6pm-8pm	25 Creative Mindfulness 1pm-3pm	26 Career Club 9:30am-12pm YMO Housing Orientation/Tour 4pm-5pm Men's Group 6pm-8pm	27 Park Outing 12pm-3pm (PRC closed during outing) 
30 October Decorations 1pm-3pm 				

Don't Forget!

Youth needing a Next Step Tool housing survey need to make an appointment with Dennys Valle (dvalle@hillsides.org)
 May take up to 90 minutes to complete.

FREE Mental Health Services

Ask about our mental health services, and see if you qualify! Let us know what kind of support you need. Contact Melanie Horstmann (mhorstmann@hillsides.org) for more details.

Food & Basic Needs

Food, school supplies, hygiene products, clothing, and transportation assistance are available Monday-Friday 12pm-1pm & 4pm-5pm.

Hours

Monday	9:00-5:30pm
Tuesday	11:30-8:00pm
Wednesday	11:30-5:30pm
Thursday	11:30-8:00pm
Friday	9:00-5:30pm